Arbutus Double Knitting Class Supply Guide

It sounds like you're interested in taking the Double-Knitting course at Arbutus! I'm so excited to teach you a new knitting skill! But before we do that, we're going to need some supplies. **Be sure to read this guide before you go shopping.**

At a Glance

You will need two skeins of worsted weight yarn (in contrasting colors), US Size 7 (4.5 mm) or Size 8 (5 mm) knitting needles, and some method for tracking your rows. Please choose a natural fiber yarn.

Yarn

For this class, you're going to need two (2) skeins of worsted weight yarn in contrasting colors. I highly recommend using natural fibers for this class, for safety reasons.

If you're not sure about a yarn's weight, check out the label. Worsted weight yarns will have a symbol with the number 4, like in the image to the right.



I recommend using solid-colored, smooth yarns for learning this technique. I don't recommend using self-striping or variegated yarns, as this technique looks best and is easiest to learn with yarns that have no colors in common.

In that same vein, please **do not buy eyelash, boucle, or faux fur yarn** for this class. These are fun options, but they will make it more difficult to learn.

As for fibers, please choose a natural fiber like cotton or 100% wool. Because we are making a potholder - using acrylic yarn, superwash wool, or mercerized cotton puts you at risk of burns.

A note on contrast: you'll want yarn in two highly-contrasting colors so you can see the design you're working on. If you're worried that your yarn won't have enough contrast, take a photo in black and white on your phone, and that

should help show whether the contrast is high enough between the colors you choose.

Needles

You will need US Size 7 (4.5 mm) or size 8 (5 mm) knitting needles. If you're going to use circular needles, choose a set that is at least 16", but no longer than 24".

Row Counters

Row counters are devices that help you keep track of your progress through a knitting project. There are a lot of ways that this can be done, and buying a separate device isn't necessarily the only way to do so.

However, I have found row counters to be a really helpful tool, particularly for new knitters, who aren't yet used to "reading" their knitting.

While I won't require a row counter for class, I highly, highly recommend them. I particularly like the plastic Susan Bates or Coats & Clark counters. You can also find digital counters on Amazon, at Michael's, and at Joann Fabrics, or download any one of a number of apps to your phone.

If you can't find a row counter, or don't wish to purchase one, bring a pen with you to class, use highlighter tape, or download a row counting app before class starts.

Where to Find Your Supplies

Thurston County has a lot of great options for knitting supplies. You can easily find supplies at any of the big-box craft stores like Michael's and Joann Fabrics, but I recommend shopping local. The workers at these stores generally will know how to knit and can help you find exactly what you need.

Indigo Purls
7940 29th Ave NE #118
Lacey, WA 98516
(360) 350-0470

Lost and Found Crafts
2600 Martin Way E #C,
Olympia, WA 98506
(564) 200-3057

Our Local Yarn Shop
2101 4th Ave E, #103
Olympia, WA 98506
(360) 915-6943